

DUPAGE FARMER



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June
2023

Farm. Family. Food.™

Volume 84,
No. 6

Calendar of Events • June 2023

- June 13 Meat order deadline
- June 18 Father's Day
- June 19 Juneteenth National Independence Day – Office closed
- June 22 Meat pick up
- June 28 Farmers Market – Winfield



2023 Bookmark Contest Winner

We are excited to announce our 2023 AITC Bookmark Contest winner is Liliana Garlt from Sandburg Elementary, with her entry entitled "Mac & Cheese"! This year's theme was "My

Favorite Food". Students were instructed to create a bookmark featuring their favorite food and where it comes from. This year, 193 students participated in the contest! Liliana received a

gift card, pillow pet, and set of bookmarks. All of Mrs. Kirschbaum's students received summer readers donated by our Foundation. Thanks to everyone who participated!



June is National Dairy Month.

It's time to celebrate the cows and farmers that raise them. Can you imagine a life with no milk to dunk our Oreos in and an empty ice cream cone...Neither can we!

Farm. Family. Food.



SPOTLIGHT

DuPage County Farm Bureau is excited to announce that Hopvine Brewing Company has partnered with us for our member discount program!

Hopvine Brewing Company is an independent locally owned and operated brewpub. Grab a freshly brewed craft beer and catch up with your friends and family on their outdoor HopYard (patio). You will find many tasty food options on the menu that will come from their made to order scratch kitchen. Their Barrel Room is available for special occasions. Be sure to stop by this summer!

DCFB Member offer:

10% off food purchase. Dine-in only.

Cannot be combined with any other offers or discounts.

Hopvine Brewing Company
4030 Fox Valley Center Dr., Aurora, IL 60504
630-229-6030

Farmers Markets

The DuPage County Farm Bureau is once again hosting an agriculture booth at farmers markets around the county this summer. On May 6th they held their first booth at Wheaton Farmers Market. Both adults and children were invited to spin the "Ag Trivia Wheel" with over nine Ag related categories such as corn, dairy and bees. Participants were engaged and enjoyed learning something new about agriculture. The booth

offers give-a-ways, coloring books, brochures, educational material, magnets and even a social media raffle people can participate in. These farmers markets are a great opportunity to interact with the community with our message about agriculture and the important role it plays in our everyday lives. The DuPage County Farm Bureau will be visiting farmers markets in Wheaton, Winfield, Elmhurst and Downers Grove this season.



The Farmer's Almanac Predictions–June

Sky Watch:

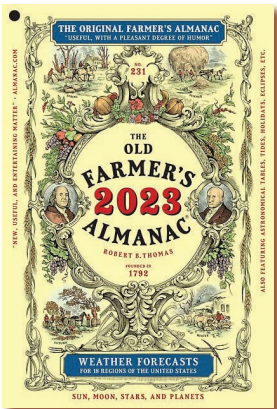
In dusk's fading twilight on the 4th, Venus stands 45 degrees from the sun, in Cancer, at magnitude-4.4. A much dimmer Mars can be seen to its upper left. On the 14th, early risers can see a Jupiter/crescent Moon conjunction in the predawn

twilight. On the 21st, 40 minutes after the Sun sets at its rightmost possible position, a gorgeous three-way conjunction of Venus, Mars, and the crescent Moon occurs. On the next evening, the 22nd, a dim Mars hovers halfway between the crescent Moon and Venus. Venus's absolute maximum brilliance arrives on the 30th and is maintained through July 20. Summer in the

Northern Hemisphere begins with the solstice on the 21st at 10:58a.m. EDT.

June 2023

Temperature 67 degrees (average); precipitation 4.5" (1 degree below average east 2 degrees above west). 1-5 Scattered t-storms, cool. 6-8 Sunny, cool. 9-14 A few t-storms east, heavy rain west; warm. 15-25 Sunny east, heavy t-storms west; warm. 26-30 Sunny, mild.



Cows milk is the most popular in the U.S.,
but goat's milk is the most popular worldwide.

Happy Summer Solstice!
Wednesday, June 21st

Joke of the Month

What's another name for a cow?
A Lawn Mooer

Submitted by: Paul Maas

Share your Funny Farm Jokes!
Send your farm joke to membership@dcfb.org and you will be entered to win a prize.



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DuPage Farmer

(USPS #162800) Published monthly by the DuPage County Farm Bureau, 245 S. Gary Ave., Carol Stream, IL. Subscriptions are \$2.00 and are part of membership dues to the DuPage County Farm Bureau®. Periodical Class Postage paid at Addison, IL 60101, and at additional mailing offices.

Postmaster: Send Address Changes to: DUPAGE FARMER, 245 S. Gary Ave., Carol Stream, IL 60188

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Illinois AGRICULTURE in the ClassroomSM

Kristina Baumbach
Education Coordinator
DuPage County Farm Bureau



Ag in the Classroom is a free program that visits DuPage schools to teach the importance of agriculture. The lessons can be adjusted for all age levels and meet learning standards. We would also be happy to be a part of community events that relate to our agricultural literacy program vision and goals. Virtual options are available.

For more information contact:
dupageaitc@dcfb.org or 630-668-8161.

April's Numbers:

3,707 students • 189 teachers
#1 Lesson Topic: Soil & Earth Day
Total Students Reached to Date: 41,971

Teacher Quote about an AITC Visit:

"Kenna is wonderful! I have had the great opportunity to have her present to my students for several years! The students really enjoy her presentations and are always excited when I told them it was a Mrs. Anderson day! I learned so much myself as an adult!"

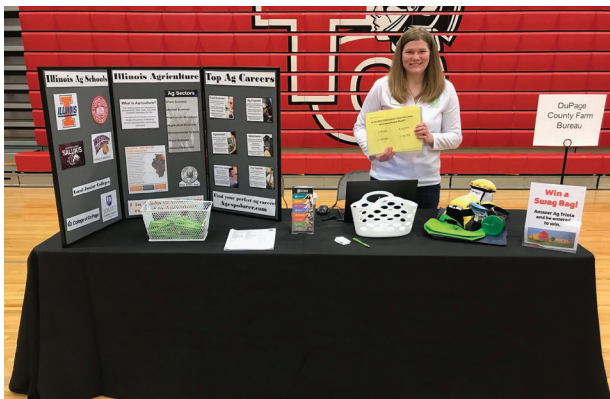
— 1st Grade Teacher, Lincoln Elementary

April was a month filled with spring fun! Many of our students learned about pollination, soil, and Earth Day! Natural resources are an important topic in agriculture, and farmers work hard every day to preserve our soil, air, and water for future generations. Did you know it takes between 200 and 500 years to make just one inch of topsoil? This is just one example of why conservation is so important! Our top projects included Earth Day bracelets, Soil Sams, Throw & Grows, and a vermiculture experiment.

Below, left to right:

The 3rd graders at Belle Aire loved learning about soil and making "Soil Sams" with Marilyn.

High school students at Timothy Christian learned about ag careers with Kristina.



Did You Know?

A bushel refers to different weights when it comes to different crops. A bushel of corn weighs 56 pounds, while a bushel of soybeans weighs about 60 pounds, and a bushel of apples weighs around 48 pounds!

Pre-K & Kindergarten Teacher Workshop

AITC will once again be hosting our summer workshop for Pre-K and Kindergarten teachers. This event will take place on August 1st, 2023, from 9am-11am at the DCFB building. Participants will learn about three agriculture topics that they can integrate



in their classroom during the school year. Each attendee will receive free storybooks and project supplies for their students. Registration is due by June 16th. For more information or to register, please contact Kristina at dupageaitc@dcfb.org.

Above: The Pre-K class at Sacred Heart participated in the Farm Web activity provided at last year's workshop. Students begin with a farm photo and work together to match the plants and animals at the farm to the products that they provide.

STEM Con

On April 29th, AITC took the opportunity to host a food science workshop for middle school students at the annual College of DuPage STEM Con event. Attendees learned about jobs within the food science industry and participated in sensory evaluation activities. The students then worked in teams as product developers to create a new type of trail mix marketed toward their peers. At the end of the workshop, each group gave a one-minute product pitch about their creation. A great time was had by all!

STEM Con participants





Sunrise, set prominent lure to country living

In her earliest drawings, our daughter frequently sketched the sunset and its brilliant hues, including the shades of pink and purple most don't consider. She would compare anything fiery orange to the daily phenomenon. And since acquiring a cell phone in her teenage years, she takes photos of both the sunrise and sunset, often several times a week. She sends Snaps on Snapchat, pairing her photo with a country song for a poetic start or end to the day for her friends.

Our daughter keeps her eyes on the horizon, one of the wonders of farm and country life. Out here, we can watch the sun arrive and disappear at a horizon of trees and corn fields without obstruction. Seeing the sun touch the earth ranks one of the most common reasons for living out here. At every cloudless sunrise and sunset, we feel unbound and free in peaceful solitude. For me, the daily moments create a direct connection with Mother Nature that

amplifies the praise that we vocalize in unison at Sunday worship: God is good. But I would understand if any eastbound drivers heading 20 miles to work around 6 a.m. may disagree.

The sun most often determines the length of the workday, outside of late harvest nights by tractor light. Hunters hunt from dawn to dusk. We start scouting fields at daybreak, expecting the sun's length of exposure and heat to advance the crops. Farmers look to the horizon to monitor summer storms approach or drift away with their anxiety dependent on the farm's needs.

In contrast, I enjoy visiting the Chicago suburbs, where my sister-in-law thoughtfully schedules experiences with new shops, parks and beautiful urban landscapes. I soak in doses of the city's culture, energy and especially the delicious food with accessibility. But I miss the horizon and the indescribable liberty that brings. Returning home, I look most forward to reconnecting with it.

Ironically, a day this weekend started with a friend's meme of a country sunrise on Facebook. By evening, a friend texted me a sunset photo taken near the farm. Among my favorite summer sunrises is when I pull eastward into the driveway of the home farm by 6 a.m. The sun's rays cut through the trees of the

pasture and accentuate the fog that hangs low in the river bottom of corn below the farmstead.

In paraphrasing Franklin Roosevelt, we hold to hope and belief in a better life beyond the horizon. I agree

as long as we never overlook the good life within it.

About the author: Joanie Stiers farms with her family, growing corn, soybeans and hay and raising beef cattle, backyard chickens and farm kids in West-Central Illinois.



Very Pinteresting

A column dedicated to finding you healthy recipes using the freshest ingredients

Flank Steak Pinwheels

Source: www.whatshouldimakefor.com

Ingredients

Basil Arugula Spread

2 cloves garlic chopped
1/2 cup basil chopped
1/2 cup baby arugula
1 tsp lemon zest
1 Tbsp lemon juice
1 1/2 Tbsp extra virgin olive oil
1/2 tsp kosher salt
1/4 tsp freshly ground black pepper

Flank Steak Pinwheels

1 1/2 lb flank steak
kosher salt & freshly ground black pepper to taste

Basil Arugula Spread

1/4 cup shaved parmesan cheese
1/8 lb prosciutto thinly sliced
6 slices provolone cheese
Extra virgin olive oil
*kitchen twine

Instructions

Basil Arugula Spread: Combine all of the ingredients in the bowl of a food processor fitted with a steel blade and process until well blended.

Flank Steak Pinwheels: Butterfly flank steak, open into one long strip.

Pound until flat between two pieces of wax paper and season with salt and pepper.

Smear basil arugula spread evenly over flank steak and sprinkle with parmesan.

Lay the prosciutto in a single layer, then the provolone cheese slices over that.

Roll up tightly into one long roll and tie off steak in 2 inch intervals. Trim the ends of the string and season with salt.

Slice between the string and place the pinwheels on a sheet tray. Brush the pinwheels on both sides with olive oil.

Preheat grill to med/high heat. Once grill is hot, grill pinwheels 3-4 mins per side.

Cut and remove string and serve.



Stay Connected

Like and follow us on social media to stay up to date with all DCFB happenings. Follow us for updates, events, special perks, and more! Follow us today!



DuPage County Farm Bureau



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DuPageCFB

Store Shelves Loaded with Milk Alternatives

June is National Dairy Month, a time to celebrate all the nutritious benefits of milk, cheese and yogurt. But what if you don't do dairy? Whether it's for food preferences, religious purposes or health reasons, there are lots of reasons why people may not partake. Food companies have responded by

developing scores of products to meet those needs, and there are lots of questions about the nutritional benefits of each. There is not enough space here to discuss them all, so let's focus on cereal's best friend: milk. Or milk alternatives, that is.

Lactose-free milk

People who are lactose-

intolerant do not have enough of the lactase enzyme and have trouble digesting lactose (milk sugar). This can cause gas, bloating, diarrhea and nausea. Lactose-free milk is nutritionally the same as regular milk. The only difference is that the lactase enzyme is added to the milk. This enzyme

breaks down the lactose so that people who are lactose-intolerant can drink the milk without adverse effects.

Soy milk

Soy milk is made from soybeans that are ground up and soaked. The liquid that is then strained off is the soy milk. Compared to other milk alternatives, soy milk is the most similar to milk in terms of nutrient content. It is usually fortified with calcium and vitamin D and is a good source of protein. Some products are fortified with other nutrients like vitamin E and omega-3 fatty acids. Soy milk naturally contains isoflavones. These are plant chemicals that may help lower "bad" LDL cholesterol.

Almond milk

Almond milk is made from ground almonds. Since it is made from nuts, it has higher amounts of certain nutrients, most notably vitamin E. However, it is relatively low in protein compared to dairy and soy milk. Not all brands and varieties are fortified, so it may have more or less calcium and vitamin D compared to dairy and soy milk.

Coconut milk

Coconut milk is made from soaking grated coconut meat. It is a very popular ingredient in Southeast Asian cuisine. In the United States, coconut milk is typically sold in cans. Thickening agents and emulsifiers are usually added so that the milk does

continued on page 7



DUPAGE COUNTY FARM BUREAU GAME NIGHT

FRI. MAY 26
6:30PM

HARRY POTTER &
FIREWORKS NIGHT

SAT. JUNE 24
6PM

LOONEY TUNES &
FIREWORKS NIGHT

SAT. JULY 22
6PM

SUPERHERO &
FIREWORKS NIGHT

FRI. AUG 11
6:30PM

MARSHMALLOW FIGHT
& FIREWORKS NIGHT

SAT. SEPT 2
6PM

FAN APPRECIATION &
FIREWORKS NIGHT



THE SCHAUMBURG BOOMERS STADIUM

For Tickets, Scan the QR code, visit our website, or facebook page, email or call the DCFB office today!



SCAN ME

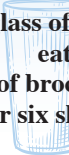
630-668-8161

membership@dcfb.org

dcfb.org

Dairy Fact

To get the amount of calcium in an 8-ounce glass of milk, you'd have to eat one fourth cup of broccoli, seven oranges or six slices of wheat bread.



Black Vulture Depredation Permits Now Available for Impacted Livestock Farmers

The black vulture population has increased in Illinois in recent years, particularly in the southern portion of the state. These birds often prey on young livestock, causing injury and sometimes death, creating major financial losses for some livestock farmers.

Illinois Farm Bureau (IFB) has renewed the statewide depredation permit for black vultures from the U.S. Fish and Wildlife Service (USFWS). IFB continues to work with USDA Wildlife Services to issue federal sub-permits to livestock farmers who are experiencing issues with black vultures on their land. IFB will also continue to work with the Illinois Department of Natural Resources (IDNR) to secure the necessary state permits for farmers seeking approval.

"In an effort to streamline the process and reduce application costs, Illinois Farm Bureau will hold the federal depredation permit for livestock farmers facing problems resulting from black vultures," said IFB President Richard Guebert. "This process will also help farmers quickly receive a state permit from IDNR. We are hopeful that this effort will help reduce conflict between the black vulture population and livestock production."

Black vultures, which have a dark gray head and are aggressive, should not be confused with their larger, less aggressive and red-headed relative, the turkey vulture. Turkey vultures may be found throughout Illinois. Black vultures live in southern regions but are expanding their range further north, creating depredation problems for farmers.

As migratory birds, black vultures are protected by the Migratory Bird Treaty Act, state laws and regulations, therefore, they can't be killed or destroyed without a migratory bird depredation permit from USFWS and a class B nuisance wildlife control permit from IDNR.

"The Illinois Department of Natural Resources is continuing to cooperate with the Illinois Farm Bureau and USDA Wildlife Services to develop a simple process for livestock producers to receive federal and state permits for removing black vultures that can be harmful to their operations," IDNR Director Natalie Phelps Finnie said. "I am glad we were able to continue the process created two years ago that provides relief to Illinois stockmen while still meeting our obligation to conserve protected species."

IFB will issue sub-permits as a benefit to livestock

farmers who are experiencing problems with black vultures and assist in securing IDNR's required permit. The sub-permit is available to livestock farmers facing depredation of commercial livestock, which includes cattle, horses, sheep, goats and swine.

Approved applicants will be allowed a maximum of three birds, determined after consultation with USDA Wildlife Services. Following the consultation and approval, a state permit will also be provided by IDNR. Applicants must agree to follow all rules and regulations required by USFWS in the IFB statewide permit and the requirements of the IDNR permit. Illinois Farm Bureau,

IDNR, USFWS and USDA Wildlife Services created this permit process in 2021 to assist livestock producers.

Interested livestock producers may request a sub-permit application by contacting Illinois Farm Bureau Associate Director of Commodity and Livestock, Tasha Bunting, at tbunting@ifb.org.

About Illinois Farm Bureau: The Illinois Farm Bureau is a member of the American Farm Bureau Federation, a national organization of farmers and ranchers. Founded in 1916, IFB is a non-profit, membership organization directed by farmers who join through their county Farm Bureau. IFB has a total membership of more than 366,043 and a farmer membership of 76,527. IFB represents three out of four Illinois farmers.

Gone Fishing

Bait Grouper Perch			Bass Haddock Pike			Bluegill Hook Sturgeon			Carp Line Trout			Catfish Minnow Tuna		
D	N	H	G	W	W	T	M	R	A	R	D	D	X	V
Y	A	X	O	G	Q	I	F	Y	C	R	N	N	O	X
H	C	R	E	P	N	W	W	B	E	G	D	O	A	U
J	F	Q	P	N	W	B	Q	P	V	U	Z	E	H	Z
X	J	X	O	R	V	Q	U	G	U	B	U	G	S	P
G	P	W	Y	O	A	O	N	T	Y	F	J	R	I	S
W	D	M	Y	P	R	C	I	X	C	A	F	U	F	L
T	A	R	R	G	H	A	D	D	O	C	K	T	T	I
S	D	V	L	B	O	C	S	N	Z	M	T	S	A	N
U	O	P	F	A	L	L	I	G	E	U	L	B	C	E
E	C	M	S	I	V	H	P	M	O	Q	B	D	K	B
Z	K	J	S	T	C	E	O	R	W	A	P	D	C	T
U	S	I	S	P	W	I	T	O	S	S	B	P	S	D
O	B	D	P	V	N	O	A	S	K	F	M	W	K	E
L	K	E	W	P	D	C	T	L	T	U	N	A	J	H



June is National Dairy Month

The greatest amount of milk produced in one year by one cow was 59,298 lbs.

Farm Bureau Marketplace

Send your ad to: DuPage Farmer
245 S. Gary Ave., Carol Stream, IL 60188

FOR SALE

NEW STAR WARS figures from 1996-1997. Power of the force, blue and white figures, 1995. Call 630-790-93-97. Best offer.

Giuseppe Armani Statue. Maternity with Flowers \$200 or best offer. Call Jaimee 630-936-0058

AQUARIUM HEATERS, filters, air pumps, and more. 3tripel@gmail.com

WOMEN'S BACK LEATHER MILWAUKEE MOTO-CYCLE COMPANY JACKET, fully lined. Size Medium with front/back fringe, conchos and braided. Excellent condition \$275. Pictures upon request. 630-330-7587

1996 IHC 25' VAN – S Model, V-8 Diesel- Std. Shift, Operating lift gate, Overhead door, good condition. \$4,500. Call 630-788-3412

COMMERCIAL GRADE CHIPPER/SHREDDER Baker 912 PE8, Tecumseh 8hp engine, electric start. Very low usage. 630-231-4761

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HAY & STRAW, excellent quality. 630-878-6350

2 CEMETERY LOTS – \$500. Lakewood Memorial Park, Elgin, IL 847-973-2623

Milk Alternatives

continued from page 5

not separate. This is a natural process but often mistaken for spoilage.

Coconut is one of the only plant sources of saturated fats (normally found in animal foods like meat and dairy). Coconut milk is high in saturated fat, and too much saturated fat can lead to cardiovascular issues. Some people question whether the saturated fat found in coconut products is as bad as we think. This is a hot topic of research, but at this point, many health organizations (FDA, World Health Organization, American Heart Association, Academy of Nutrition and Dietetics, etc.) recommend only consuming small amounts until we know more.

Rice milk

Rice milk is made mostly from brown rice and generally tastes sweeter than cow's milk. Compared to other milks, it is higher in carbohydrate but

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Misc. western and English horse tack and equipment for sale. Call 630-393-6677

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FOR LEASE/RENT

Office space available for Natural Health Professional at Lighthouse Center, Winfield. Call 630-202-6401 for info.

Office space for rent at the DCFB office lower level. Located in Carol Stream. 3 offices and reception area. Call 630-668-8161 for more info.

Lombard Apt 2bd/1bth available mid-May, 1 block to Metra. Call Don 630-279-3530.

5 STAR RESORT 3br/2ba Condo 2 miles from Disney World Orlando. Rental rates from \$149/night. Call 630-853-7669 or go to www.vrbo.com/218673.

TWO PLEASURE HORSES available on my farm in Warrenville near Herrick Lake Forest Preserve & Prairie Path. Must be experienced. 630-878-6350.

PASTURE BOARD with large barn & lean-to shelter, near Herrick Lake. Many trails. 630.878.6350.

WANTED

2/3 BOTTOM I.H.C. pull-type hydraulic plow. 847-274-0977

VINTAGE sports cards & collectables (pre-1975). 630-738-6662

low in protein. Not all brands are fortified with nutrients, so be sure to read the Nutrition Facts label.

In sum, soy, almond, rice and coconut milk are all lactose- and dairy-free and can be enjoyed by people who are lactose-intolerant. Since they are plant-based, they are also good options for vegans and vegetarians. Soy, almond and rice milk do not have significant saturated fat or cholesterol, making them heart-healthy choices. Soy and almond milk are also good choices for people with diabetes, as they tend to be lower in carbohydrates.

Milk alternatives come in a variety of flavors as well as light and regular versions. Fat, sugar and calorie content differ depending on flavor, brand and whether it is light or regular.

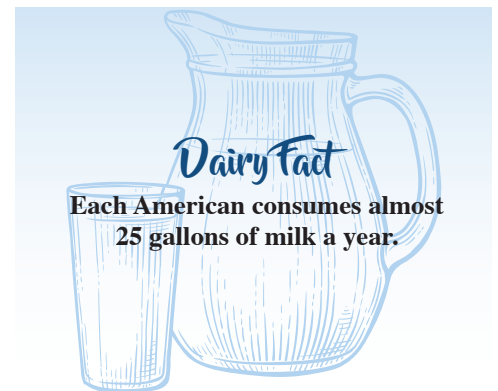
As always, be sure to read the Nutrition Facts label and make up any differences (like protein) in other areas of your diet.

Recruiter of the Month

Congratulations to our Recruiter of the Month, Frank DiStefano. This month Mr. DiStefano signed 4 new members for the DuPage County Farm Bureau. Frank DiStefano has been with COUNTRY Financial since April 2017. His office is located at 245 S. Gary Ave, Carol Stream 60188. Thank you for all you do!



Frank DiStefano



FREE CLASSIFIED ADS FOR DUPAGE COUNTY FARM BUREAU MEMBERS

All DuPage Co. Farm Bureau members may run non-commercial classified ads free in the DuPage Farmer (limit 100 words per year). Ads will continue to run each month until we are notified otherwise, or the 100 free words per year are used. Please email ads to membership@dcfb.org. Put "Farmer Ad" in the subject line or call 630.668.8161 with your ad. Deadline is 10th of each month.

Savor Summer Fun with DCFB Discounts

DCFB Diner's Discount Program Participating Restaurants:

Adelle's

15% off full meal for 2 guests or fewer (excludes alcohol, tax & gratuity). Cannot be combined with other discounts, promos and/or carryout.

535 W. Liberty Drive, Wheaton, 60187
630.784.8015

Anyway's Pub – Bloomingdale

Anyway's Pub – Oakbrook Terrace

10% off of food purchase
304 W Army Trail Rd, Bloomingdale, 60108
5 E Roosevelt Rd, Oakbrook Terrace, 60181
www.anywayspub.com

Blueberry Hill Breakfast Café

10% off entire bill when you show your membership card. This discount is not valid with other offers or promotions.
405 N Eola Rd, Aurora, IL 60502
630.499.1500 • blueberrybreakfastcafe.com

BRAUERHOUSE

15% off purchase
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630.495.2141
www.brauerhouse.com

Caliendo's Restaurant and Bar

10% off food and non-alcoholic beverages.
Not applicable for specials
05050 Winfield Rd, Winfield, 60190,
630.690.1555 • www.caliendos.com

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15% off food bill up to \$15 value, dine in only. Not valid with other offers or on holidays. One discount per table and one beverage must be purchased per entrée
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630.690.2668 • www.cooperscorner.com

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www.hawthornesbackyard.com

Manhattan's

10% off entire food bill. Not valid with other special offers or coupon
www.manhattansamericanbar&grill.com
300 S Schmale Rd., Carol Stream, 60188
630.871.2991

Muggs-N-Manor

10% off all food orders. Not valid with other offers/discounts. Offer valid for pick-up/dine-in only.
437 S Addison Rd, Addison, 60101 •
630.833.2570
https://www.muggsnmanor.com/

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Any \$20 or more order 15% off, buy any 16" pizza and get 10" cheese pizza free
267 West Elk Trail, Carol Stream, IL 60188
630-752-9680
www.paparays.com

Sarpinos Pizzeria

(Downers Grove Location)
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5107 Fairview Ave., Downers Grove, 60515
630.515.0005 • gosarpinos.com

Shinto Japanese Steakhouse and Sushi Bar

20% off full priced items, max value of \$20, not valid with any other discounts or offers
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Naperville, 60563
630.637.8899 • www.shintorestaurants.com

Uncle Bub's BBQ

\$5 off purchase of \$25 or more
132 S Cass Ave, Westmont, 60559
630.493.9000 • www.unclebubs.com

Two Hound Red Brewing Co.

10% off (excludes Friday & Saturday)
486 Pennsylvania Ave. Glen Ellyn 60137 •
630-547-2912

Village Tavern & Grill

10% off Sunday-Thursday
Not valid with other offers
291 S Schmale Rd, Carol Stream, 60185 •
630.668.1101 • villagetavernandgrill.com/
carolstream

Family Fun Discounts Participants

Enchanted Castle

Buy one ride or attraction ticket, get one FREE
1103 S. Main St. Lombard, IL 60148
630-953-7860
www.enchanted.com

Fox Bowl

Buy one game, get one free for up to 6 people, subject to lane availability
1101 Butterfield Rd • Wheaton, 60189
630.690.2400 • www.foxbowl.com

Parkside Lanes

Free shoe rental with purchase of 2 paid games
34W185 Montgomery Rd • Aurora, 60504
630.898.5678 • www.parkside54.com

Local Business Discounts Participants:

DuPage Tire & Auto Center, Inc.

\$10 off any service and half off alignment with purchase of four tires
1200 E Roosevelt Rd • Lombard, 60148
630.629.8473 • www.dupagetire.com

Ferrari Plumbing

\$40 off any plumbing service
Your local, licensed, experienced, BBB Accredited with A+ rating Plumber.
630.260.5898
www.ferrariplumbing.net
1727 Stoddard Ave., Wheaton, 60187

Fresh and Silk Flowers

(Carol Stream Location)
15% off all goods and extras
578 W Army Trail Rd • Carol Stream, 60088
630.690.7822 • www.freshandsilkflowers.com

Gigi's Pet Salon

Free treats and toys for all baths/grooms
1913 Ogden Ave • Downers Grove, 60515
630.964.0028

Jay's Plumbing

\$15 off any service calls, must mention discount at scheduling.
Not valid towards call out fees or RPZ testing.
1509 Ogden Ave • Downers Grove, 60515
630.434.9200 • www.jaysplumbing.net

Upfront Concrete

Epoxy flooring- Save 10% off purchase,
Free estimates – 630-306-3720
UpfrontConcrete@gmail.com

**Remember to check out
all your membership benefits at:**

<http://ilfb.abenity.com>

June Meat Order Form

- More Product available on our online store : **DCFB.ORG**

	QTY	COST
Bacon Wrapped Filets, 4 pieces - 10 ounces each \$57	_____	_____
Bourbon Marinated Steaks, 8 pieces - 8 ounces each \$51	_____	_____
Prime Grade Top Sirloin Butt Steak, 8 pieces - 8 oz. each \$51	_____	_____
BBQ Boneless Pork Chops, 10 pieces - 8 ounces each \$32	_____	_____
Plain Boneless Pork Chops, 10 pieces-8 ounces each \$32	_____	_____
Chuck Hamburger Patties 5 lb.bx \$29	_____	_____
Bacon Wrapped Pork Chops , 8 pieces - 10 ounces \$33	_____	_____
Plain Chicken, boneless skinless - 10 pieces \$33	_____	_____
Honey BBQ Chicken, boneless skinless-10 pieces \$33	_____	_____
Chicken Taco Meat, 5-1lb packages \$33	_____	_____
Ground Round, 10-1 lb. packages \$45	_____	_____
Italian Sausage, 20 pieces—5lb box - \$31	_____	_____
Brats, 20 pieces-5lb box-\$31	_____	_____
All Beef Hot Dogs, 20 pieces-5lb box -\$31	_____	_____



Total \$ _____

Please include payment with this order (checks made to **DCFB**)- mail to:

DuPage County Farm Bureau 245 S. Gary Avenue Carol Stream, IL 60188

Order Deadline is Tuesday, June 13th, 4pm

Pick up at the DCFB office is Thursday, June 22nd. 10am-4pm

Name _____ FB# _____

Daytime Phone _____

Email Address _____

*Discounts are subject to
change without notice.
Restrictions may apply.
Must show
membership card.*