

DUPAGE FARMER



Periodical Class Postage
Paid at
Addison, IL 60101

November
2023

Farm. Family. Food.™

Volume 84,
No. 11

DCFB Board Director Retires After 45 Years of Service

After forty-five years of service and dedication, Thomas Wiesbrock has retired from the DuPage County Farm Bureau Board.

Tom joined the Farm Bureau as a young farmer member in 1977. He joined the Board of Directors in 1978 and has been an integral part of the Board for 45 years. He has served on the Young Farmers, Annual Meeting Foundation, Membership and Public Relations, and Executive Committees. When asked what he



Tom Wiesbrock

enjoyed most about his time on the Board he said, "I have enjoyed serving on the Ag in the Classroom committee and seeing the continued growth. I have enjoyed representing the Farm Bureau at the DuPage County Fair, IAA Annual Meetings, and several county meetings that related to Agriculture. I also have enjoyed the

friendships I have made over the last 45 years. I started in 1977 with Bob Brackmann

continued on page 5

Farm. Family. Food.

Calendar of Events November 2023

Nov 2	Bunco Fundraiser
Nov 7	Meat order due, 4pm
Nov 10	Veteran's Day – Office Closed
Nov 13	Board Meeting
Nov 16	Meat order pick – up 8a.m. - 4p.m.
Nov 23-24	Thanksgiving – Office Closed

Happy Thanksgiving



New Director Appointed to the DCFB Board

The Board of Directors has announced its appointment of Brian Clement, Hanover Park to fill a vacancy on the Board for a two-year term.

Brian Clement grew up on a small family farm in Virginia, IL raising corn, soybeans wheat, cattle, and swine.

While growing up, Brian was a FFA member and involved in 4-H, showing livestock at county fairs. His work experience includes working on the family farm and in the construction industry while growing up, teaching middle

continued on page 2

New Scholarship for 2024

DuPage County Farm Bureau Foundation is excited to offer a new Scholarship for 2024. The DCFB Foundation will be offering a **Trade Scholarship** in the amount of \$2,000 to one student. A trade career is a great option if students enjoy challenging, hands-on work. Careers in this field usually require vocational schooling or training and often pay well for the specialized skill set they require. Please look for updated Scholarship information on our Facebook page, website and December 2023, *DuPage Farmer*.

LET'S GET IN THE GIVING SPIRIT

The DCFB office will be a drop off site for the Toys for Tots Campaign. Let's help bring the joy of Christmas to children in need. We have already begun collecting new and unwrapped toys for boys and girls from newborn to age 12. Toys for Tots has a high demand for items for older children, 10 to 12 year-olds. Suggestions for older children donations include hand-held electronics, jewelry sets, cosmetics, arts and crafts, athletic equipment, models, and creative/educa-

tional toys. Toys for Tots will not distribute food, clothes, or weapon-like toys.

Donations can be dropped off at our office Monday-Friday from 8am-4pm. We will be collecting items through December 11th. Together we're making a difference, on behalf of the children that will not be forgotten this Christmas, thank you!



Brian Clement

continued from page 1
School and high School Agriculture in rural Astoria and VIT located in western Illinois for six years before moving to the Chicagoland area in 2006 and accepting a job teaching horticulture and engineering



Brian Clement

at the Technology Center of DuPage in Addison for seven years while operating his own business on the side in landscape construction and maintenance. While teaching at Technology Center of DuPage, Brian taught part-time for College of DuPage for seven years before becoming full-time at the college in 2014. Brian is currently one of the full time professors in the horticulture department at College of DuPage and is the department chair. He teaches Introduction to Horticulture, Horticulture Business, Landscape Construction, Landscape Maintenance, Small Engines and Agroecology. Brian was named College of DuPage's overall outstanding adjunct faculty member for 2012-2013. He sits on the Illinois Landscape Contractor's FLIP Committee, the DuPage County Farm Bureau Agricul-

ture Coalition committee as well as numerous committees at the college. In 2021, Brian served as President of the Illinois Community College Agriculture Teachers Association and served on the Illinois FFA Foundation

DuPage Farmer

(USPS #162800) Published monthly by the DuPage County Farm Bureau, 245 S. Gary Ave., Carol Stream, IL. Subscriptions are \$2.00 and are part of membership dues to the DuPage County Farm Bureau®. Periodical Class Postage paid at Addison, IL 60101, and at additional mailing offices.

Postmaster: Send Address Changes to: DUPAGE FARMER, 245 S. Gary Ave., Carol Stream, IL 60188

OFFICERS & DIRECTORS:

William Pauling, President
Sam Lilly, Vice President
Robert Vierow, Secretary
Ron Frieders, Treasurer
Robert J. Brackmann, Director
Tom Wiesbrock, Director
Anne Kershaw, Director
John Stotts, Director
Brian Clement, Director

ORGANIZATION DEPARTMENT:
PHONE 630-668-8161

Kara Norton
Executive Director
Kristina Baumbach
Education Coordinator
Nicole Velazquez
Program & PR Coordinator
Jaimee Wasserstrom
Administrative Assistant
Heritage FS, Inc., Gilman, IL
Bill Romshek
Heritage FS General Manager
815-265-4751
Plainfield Fuel Plant,
Robert Cure – 630-878-6838





BORTER

HEATING & AIR CONDITIONING

Residential & Commercial | Sales | Service | Parts

ON441 Pleasant Hill Road • Wheaton, Illinois 60187
(630) 668-5885 Fax (630) 668-6198

www.borterheating.com



UNITED STATES POSTAL SERVICE® Statement of Ownership, Management, and Circulation (All Periodicals Publications Except Requester Publications)

1. Publication Title DuPage Farmer	2. Publication Number 162800	3. Filing Date 09/15/2023
4. Issue Frequency Monthly	5. Number of Issues Published Annually 12 issues	6. Annual Subscription Price \$2.00
7. Complete Mailing Address of Known Office of Publication (Not printer) (Street, city, county, state, and ZIP+4®) DuPage County Farm Bureau 245 S. Gary Ave. Carol Stream, IL 60188		Contact Person Kara Norton Telephone (include area code) (630) 668-8161
8. Complete Mailing Address of Headquarters or General Business Office of Publisher (Not printer) Same as 7		
9. Full Names and Complete Mailing Addresses of Publisher, Editor, and Managing Editor (Do not leave blank) Publisher (Name and complete mailing address) Kara R. Norton 245 S. Gary Ave. Carol Stream, IL 60188 Editor (Name and complete mailing address) Same as above		
Managing Editor (Name and complete mailing address) Same as above		
10. Owner (Do not leave blank. If the publication is owned by a corporation, give the name and address of the corporation immediately followed by the names and addresses of all stockholders owning or holding 1 percent or more of the total amount of stock. If not owned by a corporation, give the names and addresses of the individual owners. If owned by a partnership or other unincorporated firm, give its name and address as well as those of each individual owner. If the publication is published by a nonprofit organization, give its name and address.) Full Name Complete Mailing Address DuPage County Farm Bureau 245 S. Gary Ave. Carol Stream, IL 60188		
11. Known Bondholders, Mortgagees, and Other Security Holders Owning or Holding 1 Percent or More of Total Amount of Bonds, Mortgages, or Other Securities. If none, check box <input checked="" type="checkbox"/> None Full Name Complete Mailing Address		
12. Tax Status (For completion by nonprofit organizations authorized to mail at nonprofit rates) (Check one) The purpose, function, and nonprofit status of this organization and the exempt status for federal income tax purposes: <input checked="" type="checkbox"/> Has Not Changed During Preceding 12 Months <input type="checkbox"/> Has Changed During Preceding 12 Months (Publisher must submit explanation of change with this statement)		
13. Publication Title DuPage Farmer	14. Issue Date for Circulation Data Below 09/15/2023	
15. Extent and Nature of Circulation a. Total Number of Copies (Net press run)		
b. Paid Circulation (By Mail and Outside the Mail)		
c. Total Paid Distribution (Sum of 15b (1), (2), (3), and (4))		
d. Free or Nominal Rate Distribution (By Mail and Outside the Mail)		
e. Total Free or Nominal Rate Distribution (Sum of 15d (1), (2), (3) and (4))		
f. Total Distribution (Sum of 15c and 15e)		
g. Copies not Distributed (See Instructions to Publishers #4 (page #3))		
h. Total (Sum of 15f and g)		
i. Percent Paid (15c divided by 15f times 100)		
16. Electronic Copy Circulation		
a. Paid Electronic Copies		
b. Total Paid Print Copies (Line 15c) + Paid Electronic Copies (Line 16a)		
c. Total Print Distribution (Line 15f) + Paid Electronic Copies (Line 16a)		
d. Percent Paid (Both Print & Electronic Copies) (16b divided by 16c x 100)		
<input type="checkbox"/> I certify that 50% of all my distributed copies (electronic and print) are paid above a nominal price.		
17. Publication of Statement of Ownership <input checked="" type="checkbox"/> If the publication is a general publication, publication of this statement is required. Will be printed in the 11/1/23 issue of this publication. <input type="checkbox"/> Publication not required.		
18. Signature and Title of Editor, Publisher, Business Manager, or Owner		
I certify that all information furnished on this form is true and complete. I understand that anyone who furnishes false or misleading information on this form or who omits material or information requested on the form may be subject to criminal sanctions (including fines and imprisonment) and/or civil sanctions (including civil penalties).		

Illinois AGRICULTURE in the ClassroomSM

Kristina Baumbach
Education Coordinator
DuPage County Farm Bureau



Ag in the Classroom is a free program that visits DuPage schools to teach the importance of agriculture. The lessons can be adjusted for all age levels and meet learning standards. We would also be happy to be a part of community events that relate to our agricultural literacy program vision and goals. Virtual options are available.

For more information contact:
dupageaitc@dcbf.org or 630-668-8161.

September's Numbers:

5,223 students • 224 teachers
#1 Lesson Topic: Apples
Total Students Reached to Date: 6,576

Teacher Quote about an AITC Visit:

"Denise built an amazing rapport with her students and is extremely knowledgeable. Denise Hall is amazing!"
— 1st Grade Teacher, Owen Elementary

September marked the first full month of school for the AITC team! This month the majority of our lessons focused on apples. Students learned about apple production, lifecycles, and seasons, and created apple season chains and trees. Did you know that today, apple trees aren't grown from seed? They are grafted to ensure the new trees produce the exact same apples as the parent tree. Grafting has been used since ancient Roman times! We also enjoyed hosting library programs, career presentations, and visiting with teachers at the 2023 Educator Open House hosted by the Morton Arboretum.



The 3rd graders enjoyed making livestock shelters with Kenna.

Families at the Bartlett Library learned about agriculture with our interactive display.



Did You Know?

Iceberg lettuce was introduced for commercial production in the late 1940s and was the only variety that could survive the cross-country trip. Lettuce would be packed in large piles of ice before the invention of the refrigerated train car. Hence the name Iceberg!



Last Call for Grants!

Be sure to get your Teacher or Library Grant applications submitted by November 6, 2023! The applications are available online. Please visit <https://dcbf.org/grants/> and click on the appropriate grant link to fill out your application! Winners will be notified around the middle of December.

Space Available for 'Grow Your Own Food'

We have a few openings left for 4th grade classrooms to join the May 2024 "Grow Your Own Food" program. Students will learn about gardening and plant care while transplanting and caring for their own cherry tomato plants. We're also excited to announce the DuPage County Fair will be hosting a special judging for the students' tomato plants at the July 2024 fair! If you are a 4th grade teacher interested in joining the program or would like more info, contact Kristina at dupageaitc@dcbf.org.

2023 Pilot Program



Happy Thanksgiving!

Wishing you and all those you love
a wonderful holiday!

From all of us at
DuPage County Farm Bureau





In the Bag Pizza project promotes the families in farming

For years, I triggered curious looks from fellow restaurant patrons while holding my commercial-sized pizza delivery bag. Nowadays, I get asked if I'm with DoorDash, a food delivery service.

Until recently, the presence of this red pizza bag felt so unorthodox that my husband and kids were too embarrassed to show it in public. But I had no shame for the sake of hot pizza and took that bag right inside the front doors of Casey's General Store or other pizza places during an era when only delivery drivers carried them. We live 30 minutes from a city with significant grocery shopping and restaurant

options. We clock 15 minutes from the nearest Casey's, where we frequently order pizza. I permanently carry a cooler in my van, too.

Appropriately timed, National Pizza Month falls in October during the heart of the harvest season when pizza pickups equally deliver "pick-me-ups" for the harvest crew. Field meals provide a moment to look forward to in a 12-plus-hour harvest day. And this year, Casey's teamed with the Illinois Farm Bureau and Illinois commodity groups to use pizza to promote the "We are the 96%" Campaign in celebration of the family farmer.

Contrary to common belief, families – not corporations – own and operate 96% of Illinois farms. Farm groups and Casey's sought to debunk the corporate myth with images of Illinois farm families like ours in self-stick flyers on 250,000 Casey's pizza boxes statewide in the month of October.

Three generations of our family and employees make up our harvest crew, and the pizza bag performs. It

maintains warmth for up to 10 meals in Styrofoam containers and up to five large pizzas, one more than advertised. The bag doubles as an over-sized soft cooler when I throw in some ice packs and certainly makes my list of favorite things. Today, I own pizza bags for two vehicles. My sister-in-law owns one. My mom, three. Collectively, we can handle delivery for the annual 4-H pizza party for 100 people.

"Is Grandma bringing food?" our son often texts

from the tractor with grain cart during the 5 o'clock hour. Our now-15-year-old asked the same question at age 4 when he visited the fields during harvest. Now he's working in them.

Yes, and by family tradition, expect pizza one night a week.

About the author: Joanie Stiers farms with her family in West-Central Illinois, where they grow corn, soybeans, hay and cover crops and raise beef cattle, backyard chickens and farmkids.



Very Pinteresting

A column dedicated to
finding you healthy recipes using
the freshest ingredients

Pumpkin Mac & Cheese

www.platingsandpairings.com

What you need:

- 1 lb. pasta shells (or macaroni)
- 2 Tablespoons butter (unsalted)
- 1 12-ounce can evaporated milk
- 1 15-ounce can pure pumpkin puree (look for 100% pure pumpkin, unsweetened)
- 2 teaspoons prepared yellow mustard
- ¼ tsp nutmeg
- 8 oz. sharp cheddar cheese (grated)
- ¾ cup parmesan cheese (grated)
- Salt and pepper to taste
- Finely chopped chives (for serving)

How to make it:

Bring a large pot of water to a boil for the pasta. Salt the water and add the pasta. Cook until just shy of al dente. Drain, reserving 1 cup cooking water.

Meanwhile, in a large skillet, melt butter over medium heat. Add evaporated milk and bring to a simmer. Whisk in pumpkin, mustard, and nutmeg. Add the cheeses and stir until melted. Season with salt.

Add pasta to the sauce and stir until coated, adding some of the pasta cooking water if the sauce is too thick.

Season to taste with salt and pepper, then serve immediately, topped with chives if desired. You can top with crumbled bacon, add blue cheese, or even stir in some browned sausage.

ENJOY!



Farmer's Almanac Predictions

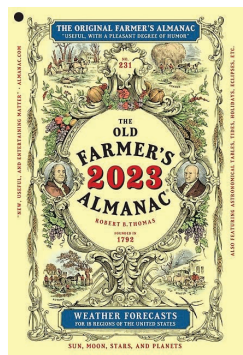
Sky Watch:

Jupiter, in Aries, comes to opposition on the 3rd, rising at sunset; at its biggest and brightest of the year, the Giant World is visible all night. Saturn, in Aquarius, is also seen the entire night; any telescope using at least 30x magnification will capture its glorious rings. Uranus, in Aries, reaches opposition on the 13th, to the left of Jupiter, which is also in Aries. Binocular owners can easily find Uranus by looking for a green "star" halfway between Jupiter and the famous Pleiades star cluster. Since no star is green, identification should be easy. Not many meteors are expected when the Leonid shower peaks at night on the 18th and 19th. Look for the Moon to the right of

Jupiter on the 24th.

November 2023

Temp. 42 degrees (1 degree above average); precip. 2.5" (1" below avg. east, 1" above west). 1-4 Sunny, mild. 5-12 Showers, then sunny; mild. 13-18 Flurries, chilly. 19-23 Snow, then sunny; chilly. 24-30 Rain and snow east, snowstorms west; cool.



Consider Pollinators During Fall Garden Cleanup

Pollinators are important to the global food supply and local ecosystems. About 35% of food crops rely on pollinators for production, according to the U.S. Department of Agriculture. Meaning without pollinators, there would be no food. If you have enjoyed an apple this fall or a tomato this summer, thank a bee.

Honeybees are the most recognized pollinators, but insects like moths, butterflies, wasps, beetles, and flies are also frequent pollinators. There are many species of native bees in Illinois that are important to the ecosystem.

Global pollinator decline, fueled by habitat loss and climate change, is affecting local ecosystems, native plants, and the birds and animals

that eat insects as a part of the food web.

Luckily, there is something that everyone can do this fall to preserve the overwintering habitat of insect pollinators.



During the fall cleanup of your flower and vegetable garden, consider incorporating a few simple strategies into your garden routine.

Leave your leaves. Instead of raking and removing the leaves from the garden, consider leaving them to provide

insulation to overwintering insects. Illinois moths and butterflies will overwinter in the protected leaves, camouflaged to blend in. If that's not an option, rake some

leaves together and put them in the garden beds, where they will slowly break down and provide nutrients to your plants next season.

Leave spent flower stems and dead plant material. Instead of cutting back flower stems to the ground, leave some standing. Pollinators rely on hollow stems for nesting and shelter. Native bees like leafcutter and mason bees lay their eggs and nest in the stems and then emerge in the spring as temperatures warm up. Butterflies also overwinter as pupae that attach to dry stems. Keep seed heads on some plants like native grasses, sunflowers, and coneflowers to add winter interest to your garden. They also provide food and hiding spots for birds and wildlife during the cold winter months.

Create a brush pile. In-

stead of bagging up fallen branches or leaves, create a brush pile in a corner of the garden. The added insulation and protected space are great for bees and butterflies.

Leave some bare ground. Some gardeners might feel the urge to entirely cover the bare ground with mulch or leaves for the winter. About 70% of Illinois native bees are solitary, and many build their nests in the ground. Small holes in a sunny spot in the garden might not be an ant hill; it could be a bee nest. Layers of mulch prevent bees from nesting, so leaving some open bare ground allows it.

If pest or disease problems are present in the perennial or vegetable garden this year, it is best to clean up that plant debris to prevent those nuisance organisms from overwintering.

Learn more about supporting pollinators at go.illinois.edu/IllinoisPollinators. For more information on fall cleanup techniques for your gardens, connect with a local Extension office at [go.illinois.edu/Extension Office](http://go.illinois.edu/ExtensionOffice).



Change lives, including yours.

Join our sales team as an independent contractor insurance agent and play an integral role in supporting your community and changing lives, including yours.



Dan Connolly
Agency Manager
3180 Theodore St
Ste 206
Joliet, IL 60435
<https://representatives.countryfinancial.com/services/rep.dan.connolly.html>
dan.connolly@countryfinancial.com
(815) 741-9600



COUNTRY Financial® is the marketing name for the COUNTRY Financial family of affiliated companies (collectively, COUNTRY), which include COUNTRY Life Insurance Company®, COUNTRY Mutual Insurance Company®, and their respective subsidiaries, located in Bloomington, Illinois. 0322-020MM_18873-10/4/2022

Tom Wiesbrock

continued from page 1

and Bob Hammon on the Young Farmers and continued serving on the Board of Directors with them for over 30 years. They have become lifelong friends. I will miss representing the DuPage County Farm Bureau in the future, but I believe it is time for someone else to join the Board and have the same experiences as I have been so

fortunate to have had."

In addition to his Farm Bureau involvement, he was also a member of the Illinois Turf Association, a truck driver for Hinds Supply in Montgomery, and farmed wheat and alfalfa.

Thank you for all your dedication over the years Tom. You have helped shape the DuPage County Farm Bureau and agricultural community into what it is today. For that, we are eternally grateful!

Joke of the Month

What did the Farmer wear to Thanksgiving dinner?
His Har-Vest

Submitted by: Paul Maas

Send your Farm Jokes to membership@dcfb.org to be entered to win a prize.

Let's Talk Turkey: Fact or Fiction

From turkey hands made by schoolchildren to presidential pardons at the White House, November is turkey time. And while we may think we know a lot about these birds, here are a few things that might be new to you.

Fast Turkey Facts

Wild turkeys, (*Meleagris gallopavo*) are one of only two domesticated birds that are native to the Americas. The Muscovy Duck is the other. In fact, turkeys have been around for a long time. Turkey fossils found in the Southern U.S. and Mexico have been dated back to 5 million years ago.

Wild turkeys are a conservation success story

Populations of wild turkey declined significantly in the late 1800s and early 1900s. Early conservation efforts in-

cluded releasing domesticated turkeys into the wild which did not work. But in the late 1940s, they started a program of capturing wild turkeys and transplanting them to suitable habitats. The wild turkey numbers responded positively and today has one of the best responses to conservation efforts for game birds. Hunting permits for wild turkeys are allowed in 49 states, turkeys aren't found in Alaska, and are only second to deer in their popularity with hunters.

Wild turkeys are fast

Not only can they run up to 18 mph on foot, they can fly over 35 to 50 mph for up to

a mile. And when they need to, wild turkeys can swim. Yes, swim! They tuck their wings in close to their bodies, spread their tails and kick with their legs. Who knew? But, as any-



one who has seen the Thanksgiving episode of WKRP in Cincinnati knows, domestic turkeys don't fly well.

Turkeys do more than gobble

While male turkeys are known for gobbling, often from up in a tree so the

sound will travel farther, both males and females make several calls, including a purr-like noise and whistles, clacks and a "clump-like" sound.

Scat chat

And finally, you can identify a male or female turkey not only by the feathers but by their scat. Male turkeys generally excrete a "J"-shaped scat, while female scat tends to swirl into a coil. Yes, scientists have studied this and have size ranges in length and diameter as well. Who knew? It all comes down to the anatomy of the bird, one of which lays eggs and the other that doesn't.

Turkey Fiction:

It's a bunch of gobbles

Benjamin Franklin wanted the wild turkey as the na-

continued on page 7



Fall	Family	Friends	Gather	Grateful
Gravy	Holiday	Meal	November	Parade
Pie	Pumpkin	Stuffing	Thanks	Turkey

E K P F I Q M M Q T A Z L I M
D O R F I U E Z H Q H U L R N
Y L I M A F A C X O F A O A C
D H R H I B L W J E L W N U J
H U E E I F F Y T L N I Z K N
O R H S I A R A B E I G D O S
G E T J L P R N R C K N V A F
S O A L F G R A V Y P E C A Y
J D G G P X K D Z V M Y V A T
V C N O U M F B X B U N Z A U
X Z L E L X N W E X P D R E R
F G R D I R I R A J C J T G K
Q R S R R R S T U F F I N G E
R K H N N Q F P A X D P K P Y
F X E D A R A P F M U Y F W L



**Your next Casey's
pizza might come with
a few familiar faces**

This harvest season, Illinois Farm Families® is proud to partner with Casey's to share the message that 96% of farms in Illinois are family owned! Yup, 96%. And with your next Casey's pizza, you'll see local farm families like yours featured right on the box.



Farm Bureau Marketplace

Send your ad to: DuPage Farmer
245 S. Gary Ave., Carol Stream, IL 60188

FOR SALE

PUMP ORGAN – 19th century restored. \$200. Text 630-833-0234

VINTAGE SOFA (1920's) and matching overstuffed chair. Rebuilt and recovered. Carved wooden arms, vine motif, complementary dark green fabric. Excellent condition. \$500. Text 630-833-0234

OBSERVATORY BIRD CAGE – gorgeous, custom, professionally built. Oak, plexiglass windows, 2 hinged doors, lots of storage at bottom, on wheels, built in fan & light at top of unit all framed in. 80" H, 48" W, 27" D \$500.00 630-205-8835

ASSORTED CONSTRUCTION TOOLS, electric powered, PVC fittings, copper. A whole stocked plumbing truck full! All negotiable. 630-205-8835

END TABLES (2) golden oak 24" x 24" standard height, rounded corners. Top in perfect condition. Asking \$45.00 each. 630-205-8835

AMBER C.T. LAMPS (2) removable glass sides at bottom to change small bulbs. Beautifully etched & single large bulb at top with shade. V.G.C. \$40.00 each 630-205-8835

RIDGID TABLE POWER SAW – very good condition. \$300. Call 630-790-9397

MAMAROO CHILD ROCKER \$80 lightly used for one child, clean, excellent condition. Wi-Fi/Bluetooth capable. Multiple soothing, rocking settings, built-in music, and Bluetooth capable to play additional music. Call or text for pictures and/or more info 630-202-2312

CLOTHES WASHER – Speed Queen commercial, top load style. Purchased new in 2020 at Young's Appliances in Glen Ellyn. Excellent condition. \$300. Call 630-291-0721

ELECTRIC overhead power list. Only used 9 months. 450lbs max weight. Pd. \$4,800, asking \$2,300. 630-297-5974

HOSPITAL BED – Invacare Elec. with side railings \$400. 630-297-5974

DRIVE ELECTRIC AIR MATTRESS with pump for hospital bed. Only used 1½ yrs. \$200. 630-297-5974

CRICUT EXPLORE Air 2 machine, beginner guide, tool kit, vinyl pack. New in box, \$150 call 630-936-0058

DORMSIZE FRIDGE/FREEZER, \$25; 2 maple dining chairs \$30; large storage ottoman \$15; concrete birdbath \$25; free crib mattress. 630-841-0030

MILWAUKEE MOTORCYCLE JACKET, women's black leather fully lined jacket. Size M. with front/back fringe, conchos and braided. Excellent condition \$275. Pictures upon request. 630-330-7587

HORSE EQUIPMENT – misc. western & English horse tack for sale. Call 630-393-6677

STUMP GRINDING, free estimates, 36' gate access. Reasonable rates. 630-251-3770

275-GALLON CAGED WATER IBC TOTES (2). Both have been thoroughly cleaned inside and out. 48" L x 40" W x 46" H no rust on cage. \$75. 630-913-0315

AQUARIUM heaters, filters, air pumps and more. 3tripel@gmail.com

HAY & STRAW excellent quality. 630-878-6350

FOR LEASE/RENT

OFFICE SPACE – 2400sf. stand alone, all brick building, front half to be leased. Own parking lot, walk to train, close to tollways, new carpeting, click it flooring, paint, hardware, lighting. Close to downtown Lisle. Call Michael Powers 630-675-5178 for more info and photos.

CHAIR FOR RENT in Villa Park Salon. Looking for a barber or hairstylist part-time. Must have your own clientele and pay a monthly fee. Call or text Jenny 630-935-5482

PLEASURE HORSES (2) available on my farm in Warrenville, near Herrick Lake Forest Preserve & Prairie Path. Must be experienced. 630-878-6350

5 STAR RESORT 3bd/2bth condo 2 miles from Disney Orlando. Rental rates from \$149/night. Call 630-853-7669 or visit www.vrbo.com/218673

OFFICE SPACE available for rent at the DCFB office lower level. Located in Carol Stream. 3 offices and reception area. Call 630-668-8161 for more info

PASTURE BOARD with large barn & lean-to-shelter, near Herrick Lake. Many trails. 630-878-6350

WANTED

SEWING MACHINE – used, portable, basic. Contact 630-947-2884

VINTAGE sports cards & collectables (pre-1975). 630-738-6662

Recruiter of the Month November 2023

This month we are celebrating Hieu Tran for Recruiter of the Month. Hieu Tran signed 7 new members for the DuPage County Farm Bureau. Thank you for your dedication, hard work, and everything you do for DCFB.

Hieu Tran
630-620-9295
310 S Main St Unit G
Lombard, IL 60148



Hieu Tran

Financial Representative of the Month November 2023

Congratulations to Michael Zaur. Michael has been named Career Financial Representative. The Financial Representative of the Month program is designed by COUNTRY Financial Agency Managers of DuPage County to recognize overall insurance leaders in life, disability, auto, home and health production during the month. Michael earned this award through efforts to provide quality service to all clients.

Michael Zaur
500 E Ogden Ave.,
Ste 201
Naperville, IL 60563
630-620-9295



Michael Zaur

Thank you
for all you do,
Michael.

Turkey Facts, Fiction

continued from page 6
tional bird

According to The Franklin Institute, this is a myth. This notion seems to be in response to a letter Franklin wrote his daughter where he criticized the drawing of the national seal, saying the eagle in the center looked more like a turkey.

He then went on to say: "Bald Eagle...is a Bird of bad moral Character. He does not get his Living honestly..."

[he] is too lazy to fish for himself. ... (the turkey is) a much more respectable Bird, and withal a true original Native of America...He is besides, though a little vain & silly, a Bird of Courage."

So, while he did defend the honor of the turkey, he did not advocate for it to be the national bird.

Eating turkey makes you sleepy.

According to the myth, the naturally occurring amino acid, L-tryptophan in turkey makes you sleepy. In truth, all

meat contains this amino acid as well as cheese, fish, and eggs. So, you should be sleepy after eating these foods as well, not just the turkey.

A 6 oz. portion of chicken breast (687 mg), pork (627 mg), beef (636 mg), salmon (570 mg), and a cup of tofu (592 mg) have more L-tryptophan than the same amount of turkey breast (488 mg).

It is probably overindulgence that makes us sleepy after the Thanksgiving meal.

Thankful for Delicious DCFB Local Discounts

Restaurant Discounts

Adelle's
15% off full meal for 2 guests or fewer (excludes alcohol, tax & gratuity). Cannot be combined with other discounts, promos and/or carryout.
535 W. Liberty Drive, Wheaton, 60187
630.784.8015

Anyway's Pub – Bloomingdale
Anyway's Pub – Oakbrook Terrace
10% off of food purchase
304 W Army Trail Rd, Bloomingdale, 60108
5 E Roosevelt Rd, Oakbrook Terrace, 60181
www.anywayspub.com

Blueberry Hill Breakfast Café
10% off entire bill when you show your membership card. This discount is not valid with other offers or promotions.
405 N Eola Rd, Aurora, 60502
630.499.1500 • blueberrybreakfastcafe.com

BRAUERHOUSE
15% off purchase
1000 N Rohlwing Rd, #13, Lombard, IL 60148
630.495.2141
www.brauerhouse.com

Caliendo's Restaurant and Bar
10% off food and non-alcoholic beverages. Not applicable for specials
05050 Winfield Rd, Winfield, 60190,
630.690.1555 • www.caliendos.com

Cooper's Corner
15% off food bill up to \$15 value, dine in only. Not valid with other offers or on holidays. One discount per table and one beverage must be purchased per entrée
27W150 Roosevelt Rd, Winfield, 60190,
630.690.2668 • www.cooperscorner.com

Culver's
10% off purchase –
Only at participating locations –
290 S Schmale Rd, Carol Stream, 60188
908 E. Roosevelt Rd., Wheaton 60187
630.889.1140
4068 E. Main St., St. Charles, 60174
630.444.1700 • www.culvers.com

Hawthorne's Backyard
10% off food (excluding specials).
1200 West Hawthorne Ln, West Chicago, 60185 • 630.293.6700
www.hawthornesbackyard.com

Hopvine Brewing Company
10% off food purchase. Cannot be combined with any other offers or discounts. Dine-in only.
4030 Fox Valley Center Dr. Aurora, 60504
630-229-6030 –
www.hopvinebrewingcompany.com

Muggs-N-Manor
10% off all food orders. Not valid with other offers/discounts. Offer valid for pick-up/dine-in only.
437 S Addison Rd, Addison, 60101 •
630.833.2570
https://www.muggsnmanor.com/

Papa Rays Pizza & Wings
Any \$20 or more order 15% off, buy any 16" pizza and get 10" cheese pizza free
267 West Elk Trail, Carol Stream, IL 60188
630-752-9680
www.paparays.com

Sarpinos Pizzeria
(Downers Grove Location)
Buy one pizza at regular price, get a second pizza for \$5
5107 Fairview Ave., Downers Grove, 60515
630.515.0005 • gosarpinos.com

Shinto Japanese Steakhouse and Sushi Bar
20% off full priced items, max value of \$20, not valid with any other discounts or offers
504 N. Route 59, Suite 116
Naperville, 60563
630.637.8899 • www.shintorestaurants.com

Uncle Bub's BBQ
\$5 off purchase of \$25 or more
132 S Cass Ave, Westmont, 60559
630.493.9000 • www.unclebubs.com

Two Hound Red Brewing Co.
10% off (excludes Friday & Saturday)
486 Pennsylvania Ave. Glen Ellyn 60137 •
630-547-2912

Village Tavern & Grill
10% off Sunday-Thursday
Not valid with other offers
291 S Schmale Rd, Carol Stream, 60185 •
630.668.1101 • villagetavernandgrill.com/
carolstream

Entertainment Discounts

Arcada Theatre
15% discount on tickets to the theatre
105 E. St. Charles, 60174
630-962-7000 – oshows.com

Des Plaines Theatre
15% discount on tickets to the theatre
1476 Miner St. Des Plaines, 60016
630-962-7000 – oshows.com

Enchanted Castle
Buy one ride or attraction ticket, get one FREE
1103 S. Main St. Lombard, IL 60148
630-953-7860
www.enchanted.com

Fox Bowl
Buy one game, get one free for up to 6 people, subject to lane availability
1101 Butterfield Rd • Wheaton, 60189
630.690.2400 • www.foxbowl.com

Mighty Oak Athletic
50% off the first month of training
9s550 Lorraine Dr. Willowbrook, 60527
630-464-9498 – MightyOakAthletic.com

Parkside Lanes
Free shoe rental with purchase of 2 paid games
34W185 Montgomery Rd • Aurora, 60504
630.898.5678 • www.parkside54.com

Local Business Discounts

A-Archer Sewer & Plumbing
\$50.00 off any service call
504 W. Edgewood Rd. Lombard, 60148
630-932-9800 – www.a-archer.net

Fresh and Silk Flowers
(Carol Stream Location)
15% off all goods and extras
578 W Army Trail Rd • Carol Stream, 60088
630.690.7822
www.freshandsilkflowers.com

Great Gutters & Exteriors
10% off
189 Oakwood Dr. Wood Dale, 60191
773-952-1737
greatguttersandexteriors@gmail.com

Jay's Plumbing
\$15 off any service calls, must mention discount at scheduling.
Not valid towards call out fees or RPZ testing.

1509 Ogden Ave • Downers Grove, 60515
630.434.9200 • www.jaysplumbing.net

Royal Polish Nail Salon
DCFB member offer: 10% off your scheduled visit
116 Galena St. West Chicago, IL 60185
630-876-1202

Upfront Concrete
Epoxy flooring- Save 10% off purchase, Free estimates – 630-306-3720
UpfrontConcrete@gmail.com

Discounts are subject to change without notice. Restrictions may apply. Must show membership card.

November Meat Order Form

- Pick up order inside DCFB office

- More Product available on our online store : DCFB.ORG

	QTY	COST
Bacon Wrapped Filets, 4 pieces - 10 ounces each	\$57	
Bourbon Marinated Steaks, 8 pieces - 8 ounces each	\$51	
Prime Grade Butt Steak, 8 pieces - 8 oz. each	\$51	
BBQ Boneless Pork Chops, 10 pieces - 8 ounces each	\$32	
Plain Boneless Pork Chops, 10 pieces-8 ounces each	\$32	
Tequila Lime Chicken , boneless skinless –10 pieces	\$33	
Bacon Wrapped Pork Chops , 8 pieces - 10 ounces	\$33	
Plain Chicken, boneless skinless - 10 pieces	\$33	
Honey BBQ Chicken, boneless skinless-10 pieces	\$33	
Chicken Taco Meat, 5 lb packages	\$33	
Ground Round, 10 lb. packages	\$45	
Italian Sausage, 20 pieces—5lb box	\$31	
Pepper Jack Crusted Chicken 10 pieces	\$37	
Stuffed Pork Chops , 4 pieces	\$29	



Total \$ _____

Please include payment with this order (checks payable to DCFB)-
mail to: DuPage County Farm Bureau 245 S. Gary Avenue Carol Stream, IL 60188

Order Deadline is Tuesday, November 7th, 4pm

Pick up inside the DCFB office is Thursday, November 16th. 10am-4pm

Name _____ FB# _____
Daytime Phone _____
Email Address _____

Remember to check out all your membership benefits at:
<http://ilfb.abenity.com>