

DUPAGE FARMER



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October
2024

Farm. Family. Food.™

Volume 85,
No. 10

Calendar of Events October 2024

- October 9th Elmhurst Farmers Market
- October 14th Board & Foundation Meeting, 7:30pm
- October 15th Meat Order Deadline
- October 25th Meat Order Pickup

Happy
Halloween



Thank You, Denise!

Ag in the Classroom is more than just a program, it is like a family. Our Educators are truly wonderful people who dedicate their time and efforts to spread agriculture literacy and awareness in our community.

We are sad to announce that our Educator, Denise Hall, has left the team and is starting a new chapter with her family. Denise began her time with AITC in 2019 and was a perfect fit. After growing up on a farm and being involved in FFA, Denise attended



Texas A&M and earned a degree in Animal Science with an emphasis in business.

Over the years, Denise worked with teachers and students across the county teaching AITC lessons and

helping them understand the importance of agriculture, where their food comes from, and dispelling agriculture myths.

We'd like to thank Denise for her time and talents that she shared with our program. We wish you all the best in your new adventures!



Farm. Family. Food.

Official Call of the Meeting

Notice is hereby given that the annual meeting of the DuPage County Farm Bureau will be held at the DuPage County Farm Bureau building, 245 South Gary Avenue, Carol Stream, Illinois, on Monday, October 14, 2024, at 6:30 P.M. to receive, consider, and act upon reports of the board of directors and officers, and for the transition of such business as may properly come before the meeting.

Robert Vierow
Secretary

No tricks ... only treats with
DCFB Discounts

See
page 8

Ag Around DuPage – Madison Elementary

Here at DCFB, we often talk about the work that Ag in the Classroom does with local schools and the lessons that we provide. But something amazing to see is the work that teachers are doing on their own to promote agriculture literacy amongst their students. That is what is happening at Wheaton's Madison Elementary.

After being gifted a chicken coop last spring, fourth-grade teacher, Mr. Thomas Grace, was inspired to create a unique learning opportunity for his students. The fourth-grade classes would house and care for a small flock of hens – right there at the school! With the full support of Principal Callahan,

the project took off.

In late August, Mr. Grace set up the chicken coop inside the Madison outdoor common area, and three hens were donated by a local farmer. "When I was given the coop, I thought this would be a perfect time to introduce the students to chickens and the importance of farming them. I am hoping this will teach them responsibility and what it takes to care for livestock, including the work that goes into keeping chickens, even though it is a small flock" says Mr. Grace.

The chickens will stay at the school until November when they will be rehoused. In the meantime, Mr. Grace

plans to add a chicken run to the coop, and students will care for the hens each day as they learn about livestock and egg production. Congratulations to Mr. Grace and Madison Elementary on this awesome project. We can't wait to hear more as the school year goes on!



*Miss last month's issue?
Find the DuPage Farmer, now online too,
at dcfb.org/publications*

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Joke of the Month

How long do chickens work?

Around the cluck

Submitted by Paul Maas

Send your farm jokes to
membership@dcfb.org

DuPage Farmer

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Illinois AGRICULTURE in the ClassroomSM

Kristina Baumbach
Education Coordinator
DuPage County Farm Bureau



Ag in the Classroom is a free program that visits DuPage schools to teach the importance of agriculture. The lessons can be adjusted for all age levels and meet learning standards. We would also be happy to be a part of community events that relate to our agricultural literacy program vision and goals. Virtual options are available.

**For more information contact:
dupageaitc@dcbf.org or 630-668-8161.**

August's Numbers:

1,504 students • 29 teachers
#1 Lesson Topic: Chickens
Total Students Reached to date: 2,028

Teacher Quote about an AITC Visit:

"I cannot say enough wonderful things about this program. My students look forward to learning from Kenna every month. Word of mouth has spread that this is something to look forward to in second grade. Even as a teacher I learn something new each time Kenna presents. Ag in the Classroom is an invaluable experience."

2nd Grade Teacher, Whittier Elementary

In August, AITC began preparing for the 2024-2025 school year. It's hard to believe that summer is over already! Our Educators are excited to get back into the classrooms and begin teaching. This month AITC hosted two teacher workshops, the annual Pre-K & Kindergarten workshop and Autumn & Agriculture. At these events teachers from around the county learned about some of our favorite agriculture topics and participated in many hands-on activities and projects. We hope their students enjoy doing some of these programs in the coming year!



Did You Know?

Pumpkins are native to Central America and Mexico. Today they are grown on every continent except Antarctica.

Grow Your Own Food Returning in May 2025!

We are pleased to announce that the 2024 Grow Your Own Food program was such a success that it will continue in 2025! Last May, 4,000 4th grade students and 160 teachers participated in the program. Students learned about gardening, plant care, and how to transplant a cherry tomato plant. The program will once again be open to all 4th grade teachers in DuPage County. Registration will be on a first-come first-serve basis for the first 5,000 students as we anticipate an increase in interest. As always, our programming is FREE to all teachers. For more information or the registration link, please email dupageaitc@dcbf.org. We hope you will consider joining us for this unique learning opportunity!



Teacher & Library Grants Available – Apply Today!

It's that time of year again! Grant time! All DuPage County K-12 teachers and DuPage Libraries are eligible to apply for our 2025 grants! Teachers can receive up to \$250 to implement an agriculture related program in their spring curriculum. Libraries can choose up to \$50 worth of new agriculture books from our agriculture book list. Visit <https://dcbf.org/grants/> for more information and to apply. Applications are due by November 8th, and winners will be notified in December.

AEYC Teacher Workshop

On August 12th, AITC hosted a special "Autumn & Agriculture" workshop for a local AEYC (Association for the Education of Young Children) chapter. At this two-hour event, attendees learned about the history and production of apples, pumpkins, and corn in Illinois. In addition to the information, participants enjoyed doing several hands-on activities including apple lifecycle crowns, apple taste tests, pumpkin pie in a bag, tassel to table and corn kernel dissections. Teachers left the workshop with many new ideas to incorporate in their classrooms this fall!



Parts runs keep the farm running

The farmer's wife handed my husband a stick-style drawing. "He told me you will know what he needs," she said of her farmer husband while my husband paused at the brain teaser before him.

At the time, my husband worked behind a parts counter for a farm equipment dealership. The era pre-dated smart phones with capabilities of taking and sending photos, but we did have flip phones. So with a phone call to talk through the drawing, my husband figured out the farmer's need.

'Tis the season for the inevitable parts run. In Grub-hub style, the run includes a designated person driving to a retail location to pick up a part and deliver it to

the farm. The act's level of urgency generally falls into one of two categories.

The "rainy day parts run" includes less-urgent parts related to general maintenance or fixing something non-critical to the machine's function while the rain prevents farmers from harvesting. It likens the pre-harvest repair and maintenance intended to prevent down-time.

The "emergency parts run" indicates a machine-down situation. The parts runner immediately abandons what they're doing to fetch a part with no opportunity to piggy-back extra errands on that trip to town. You get there. You get back. And then hope the part fixes the problem.

Getting there could take 20 minutes or it could consume a four-hour roundtrip

Farmer's Almanac Predictions

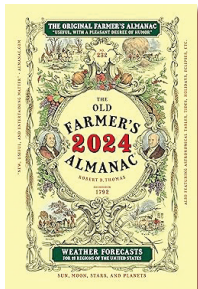
October Skywatch:

On the 2nd, an annular solar eclipse resembling a ring of fire can be seen in Patagonia, the southernmost regions of Chile and Argentina. Venus returns as an evening star early in the month and hovers next to the waxing crescent Moon on the 5th. On the 14th, the Moon meets Saturn at nightfall and is visible throughout the night. Jupiter rises by 9:30 A.M. at mid month and meets the Moon on the 20th. The Moon hovers above Mars starting at midnight on the 22nd and is to the left

of Mars on the 23rd. From the 24th to the 28th, look for Venus, now brightening to magnitude -4.0, standing above Scorpius's famous orange-color "heart", Antares. With an unobstructed horizon, the pair can be seen low in the southwest at around 6:00 P.M.

October 2024 Region Forecast:

Temp. 52° (1° below avg.); precip. 1.5" (1.5" below avg.). 1-10 Isolated showers, cool. 11-14 Sunny, warm. 15-20 Showers; warm, then cooler. 21-31 Scattered showers, cool.



that's still faster than Next Day Air. In the meantime, our mechanically minded team members prepare the machine to receive the part. If that repair exceeds our expertise, we call a professional technician for help.

Ideally, the fix is as simple as fetching the part. But sometimes, parts runners return with the wrong parts

due to human error in the ordering process. Occasionally, runners unknowingly retrieve an incomplete order that requires a return trip. Worse yet, the fetched part doesn't fix the problem.

Technology generally improves the accuracy of parts orders as farmers can review web-based parts schematics
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Very Pinteresting

A column dedicated to finding you healthy recipes using the freshest ingredients

Maple Apple Banana Bread

Link to recipe: <https://www.31daily.com/maple-apple-banana-bread/>

A fusion of fall's favorite flavors... in a quick bread. Maple Apple Banana Bread is an autumn treat filled with the warming and subtle spices of maple, cinnamon, vanilla, and cloves.

Ingredients

- 1/2 cup butter, room temperature (1 stick)
- 1/2 cup granulated sugar
- 1/2 cup brown sugar
- 2 large eggs
- 3 tablespoons sour cream
- 3 tablespoons pure maple syrup
- 1 1/2 teaspoons vanilla extract
- 2 cups all-purpose flour
- 1 teaspoon baking soda
- 1 teaspoon baking powder
- 1 teaspoon cinnamon
- 1/2 teaspoon salt
- 1/4 teaspoon ground cloves
- 2 apples, cored and shredded or chopped (peeled or unpeeled)
- 2 ripe bananas, mashed



Instructions

Preheat the oven to 350 degrees F. Grease and flour a 9 x 5 x 4-1/2 inch loaf pan.

In a medium bowl, whisk together flour, baking soda, baking powder, cinnamon, salt, and cloves. Set aside.

Using a handheld electric mixer or a stand mixer, cream together room temperature butter with both granulated sugar and brown sugar until light and fluffy. Add the eggs, one at a time, followed by the sour cream, maple syrup, and vanilla. Fold in the mashed banana.

Grate and finely mince the apples and add to the dry ingredients. Then fold the dry ingredients with the apples into the egg and butter mixture just until incorporated but without any dry flour streaks. Transfer the batter to the prepared baking pan. Sprinkle cinnamon sugar over the top if desired.

Bake for 60 to 65 minutes, or until a toothpick inserted in the center comes out clean.

If the bread becomes darker than you like, loosely cover it with foil toward the end of baking. Remove the bread from the oven and let sit in the pan for 10 minutes before turning out onto a rack to cool completely.

Health Benefits of Eating Pork

October is Pork Month

It's become synonymous with one of the first American meals of the day, breakfast, and it has grown to become more than just a topping on a burger. You can fry it up in a chop, create a melt-in-your-mouth roast with it and so much more. Pork is a common meat you can find in many dishes worldwide, not just at your local market. Coming from the domestic pig, (*Sus scrofa domestica*) there's evidence that we began raising pigs for their meat and other products as early as 5000 BC.

It's estimated that pork consumption counts for about 38% of production worldwide, resulting in some of the most unique and large numbers of pork recipes from all cultures. The most popular choice in consumption of pork is unprocessed but cured like smoked pork, ham, bacon, and sausages. While the age-old cliché of too much of a good thing isn't always necessarily good, pork consumption as part of a regular healthy diet is beneficial to the human body!

We're ready to dive into the discussion of the health benefits of adding pork to your diet.

Nutrition

Pork is high in protein and contains, depending on the cut, varying amounts of fat.

Let's say we're going to eat a 3.5 ounce serving of cooked, ground pork. You'll be eating the following:

297 calories
53% water
25.7 grams of protein
0 grams of carbs
0 grams of fiber
20.8 grams of fat

Protein

All meat is made of protein and so is pork. It's also an elevated source of high-quality protein which is an essential food nutrient for our bodies. High concentrations of amino acids are found within pork as well.

Amino acids are the product of digesting pork proteins, and essential amino acids are the building blocks of life. When our bodies ingest and break down protein into individual amino, our body will reorder them, refold them and turn them into whatever is needed at the time.

Pork contains all nine essential amino acids critically necessary for your body's growth, muscles, and maintenance. Not only is it good for the normal everyday nutri-

tion, but it's also the perfect type of meat for bodybuilders, recovering athletes, people post-surgery and others that need to repair or build muscles.

Fat

Many know that a little bit of fat equals flavor. But lean cuts of pork are available for healthier choices should a diet call for it. The amount of fats found in a piece of pork depends upon where the meat comes from and how it is cut.



The average range of fat for pork starts anywhere from 10% upward to 16% and can climb higher in some cases. If fat is a concern and you're attempting to reduce or cut it out, those lean cuts or trimming any pork you have will help you maintain your dietary needs.

Depending on your health as well as how much saturated fats you consume on a weekly basis, the saturated fats in pork shouldn't contribute to higher cholesterol or health issues. Since pork includes Polyunsaturated fats, they are a contribution to your body's functions as they are required for normal functioning, but your body cannot make them itself.

Vitamins and Minerals

Iron – Pork contains less iron than lamb or beef, but our digestive tract can absorb iron from it efficiently and so this meat is still a great source of it.

Niacin – One of the B vitamins, niacin is also known as

vitamin B3. This contributes to growth and metabolism.

Phosphorus – A vital source for body growth and maintenance.

Selenium – Pork meat is rich in selenium which plays a major role in thyroid function and health.

Thiamine – Also known as vitamin B1, it enables your body to use carbohydrates as energy, assists glucose metabolism and plays a key role in nerve, muscle, and heart function.

Vitamin B12 – Nearly exclusively found in foods of animal origins, this vitamin is important for blood formation and brain function.

Vitamin B6 – This vitamin is a key factor in the formation of red blood cells.

Zinc – A mineral that boosts a healthy brain and a great immune system.

The Benefits

As we age, keeping your muscle mass is a very important health aspect. Without proper diet and exercise, muscle mass will begin to break down as we get older that can lead to many age-related health conditions. Muscle wasting is most common among older adults, so a proper diet with pork becomes a principle for improving the quality of elderly life. Of course, children developing and growing also need the protein for growth.

Pork contains taurine, creatine, and beta-alanine which are good for your muscles no matter your age. Beta-alanine is an amino acid that produces carnosine, which in turn helps your muscles function properly. Higher levels of this carnosine have been linked to reduced fatigue and improved body function. You'll find riboflavin within pork as well and this contributes to our energy levels, cellular function, development, and the metabolism of fats, drugs,

continued on page 7

Rural Road Safety

during harvest season

1. Remain Alert
2. Watch for Slow-Moving Vehicles
3. Be Patient
4. Slow Down
5. Maintain a Safe Following Distance
6. Pass With Caution
7. Share the Road Safely

www.ilfb.org/safetyandhealth



Understanding How Combine Harvesters Work

A combine harvester is a popular piece of agricultural equipment, especially during the fall harvest season. If you've ever wondered about the history of combine harvesters or how they work, read on. We cover the basics of combine harvesters below. For more information or to shop combine harvesters for sale, reach out to the experts at Arnold's Inc. Our seven dealerships are based throughout Minnesota.

A Brief History of Combine Harvesters

In 1835, an American inventor named Hiram Moore created the first combine harvester. The name 'combine harvester' comes from the heavy equipment's purpose: it combines the ability to harvest and separate grain crops.

Before this efficient piece of agricultural equipment existed, over 90% of American citizens spent their days laboring on farms. The arrival of the combine harvester allowed for the heavy equip-

Farm Gate

continued from page 4

ics to identify the exact part numbers. Sharing smartphone photos helps parts departments with diagnosis and identification. Bringing in the broken part is almost a sure win for an identical replacement, so blown hydraulic hoses often make the trip.

My husband recalls an unusual parts pickup in which a farmer who lived hours away by car landed a helicopter in the dealership's parking lot. The farmer ran inside for his parts and left within seconds. It's an extreme case, but machine-down times call for machine-down measures to keep the farm running.

About the author: Joanie Stiers farms with her family in West Central Illinois, where they raise corn, soybeans, hay, beef cattle, backyard chickens and farmkids.

ment to take on some of the work previously handled by farmers. By 1870, the percentage of Americans laboring on farms dropped to only 50%!

The Parts of the Combine Harvester

A combine harvester is made up of many moving parts.

Header: cuts the crop close to the ground.

Spinning auger: takes the crop up a conveyor.

Threshing segment: separates out the grains from the stalks.

Grain tank: holds the separated grains.

Conveyors: the moving belts that move the chaff or the grain through the combine harvester.

Elevator: moves the harvested grain out of the tank.

Unloader: the side pipe where grain goes out of and gets deposited into a cart or other such receptacle.

Straw chopper: an optional attachment at the rear of the combine harvester. It chops up the crop residue and then spreads it out on the field behind the combine harvester.

The Use of a Combine Harvester

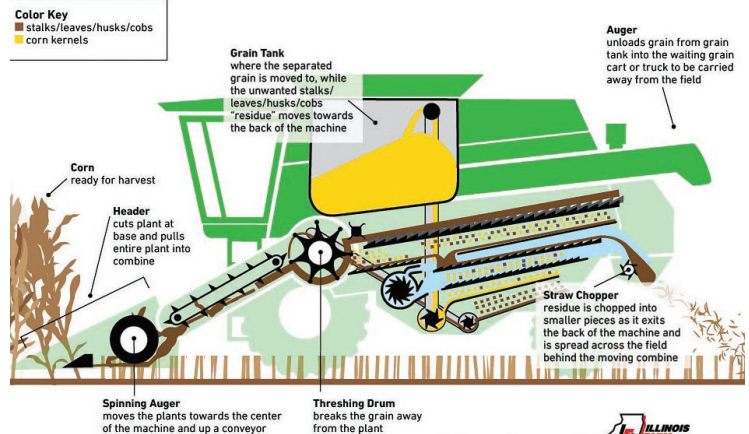
A combine harvester is able to tackle various steps of the grain crop harvesting process. It commonly works with crops such as wheat and barley.

First, the combine harvester cuts the crop at its base.

The plant gets fed into the threshing drum, which serves to separate out the grains from the stalks. The chaff gets moved to the back of the

combine harvester. The separated grains are moved to a grain tank, which then moves the grains out of an unloader and onto a waiting cart.

How A Combine Works



During harvest season, combine harvesters can be found all over Illinois fields. This machine has changed the farming industry by combining several steps in the harvesting process—reaping, threshing, and winnowing—into one revolutionary machine. But how do they work?



Carve Field October	Cocoa Grounds Orange	Donuts Harvest Pick	Fall Hayride Pumpkin	Festival Maze Tractor
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Farm Bureau Marketplace

Send your ad to: DuPage Farmer
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FOR SALE

Antique Victorian Westlake Parlor Table, Beautiful Walnut Wood, 30"X22", has the original glass casters. Asking \$100, call Larry at 630-377-0860
DJ sound system. (2) PV 118 subs, (2) PV 115M tops, QSC GX5 700W per channel power amp, Furman power conditioner, cables, more. Very good condition. Buy: \$2000 Sell: \$1000.
630-588-1141

Two pink chairs from Harlem Furniture \$25 each. Four drawer dresser \$20, 16ft trampoline with netting and new padding \$100, Box of commercial ceiling lights 12 for \$150 OBO, Commercial outdoor sign board \$75 OBO, Acorn chair lift for 15 stairs turn 5 stairs used only once \$2,500 OBO, S,M,L dog cages \$20-\$50. 630-428-0088 Leave a message if no answer.

GAS GENERATOR – Generac GP7000E Portable Gas Powered Generator with Electric Start (Model 5626). In very good condition and lightly used with only 12.5 hours. Asking \$650. Delivery not included but can be arranged if not too far. 630-514-6632

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630-231-1034 Eugene Burkart

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1955 JOHNSON 25, totally refurbished. Electric start. Call 630-624-8382.

Four 215/65 R16 1o2T Michelin X-ICE snow tires on 16x6.5 500.00/115.00 41 black steel rims. Rims fit a 2011 Subaru Forester or similar vehicle. Used two seasons. Stored indoors. The tread depth is 9/32. DOT HCOD 012X 0715 Cash only \$100 Email: psusa7862@astound.net

1850's FURNITURE: 2 pieces, excellent condition, \$700. Bill 630-362-0499.

PUMP ORGAN, 19th century, restored. \$200, text 630-833-0234.

RIDGID TABLE POWER SAW, very good condition. \$300. Call 630-790-9397

HORSE EQUIPMENT – misc. western & English horse tack for sale. Call 630-393-6677.

HAY & STRAW, excellent quality. 630-878-6350.

Vintage Grumman 17' Standard aluminum canoe. Garage stored until last April. \$400. Call 630-709-3368.

FOR LEASE/RENT

PLEASURE HORSES (2) available on my farm in Warrenville, near Herrick Lake Forest Preserve & Prairie Path. Must be experienced. 630-878-6350

PASTURE BOARD with large barn & lean-to-shelter, near Herrick Lake. Many trails. 630-878-6350
5 STAR RESORT 3bd/2bth condo 2 miles from Disney Orlando. Rental rates from \$149/night. Call 630-853-7669 or visit www.vrbo.com/218673

OFFICE SPACE available for rent at the Farm Bureau, office lower level. Located in Carol Stream. Three offices and reception area. Call 630-668-8161 for more info.

VACATION RENTAL: Seminole, FL: www.airbnb.com/h/joespool private home with pool near beach. Homosassa, FL: www.airbnb.com/h/sweetsprings See manatees year round. Local DuPage County hosts. Contact us for DuPage discount. 630-433-8876. Sue

OFFICE SPACE FOR LEASE – 2400 sf (for front half of building only) OR... BUILDING FOR SALE (About 5000 sf) w/warehouse space) Stand alone all brick building, own parking lot, walk to train, close to tollways. All new carpeting, click it flooring, paint, hardware, lighting, close to downtown Lisle. Call Michael Powers, 630-675-5178 for more info & pictures.

2 bedroom apartment, 1 block from downtown Lombard. If interested please contact Don Tuchscherer at 630-279-3530

WANTED

2/3 BOTTOM I.H.C. pull-type hydraulic plow. 847-274-0977

Pork Benefits

continued from page 5

and steroids in the human body.

Complicated Powerhouse

Pork has so much more going for it nutritionally than many of us may realize. But the fattier the cut of meat, the more it wanders from being healthy. Eating too much bacon, or thick, fatty roasts of pork daily aren't recommended.

You can easily take fattier pieces of pork and make them more healthful by:

- Choosing cuts with minimal visible fats, like pork tenderloin, sirloin roast, and loin chops.
- Use low-fat cooking methods like grilling and baking.
- Cook thinner cuts of pork.
- Use ingredients with minimal fat composition.
- Stick to the recommended weekly serving of pork.

If you follow the recommended serving when adding pork dishes to your diet while trimming, rendering the extra fat or eating lean you'll enjoy the benefits of this amazing meat. There are so many delicious ways to cook and eat pork that will benefit you and your body.

Recruiter of the Month

Congratulations to Hieu Tran for his outstanding achievement as Recruiter of the Month! Signing up 6 new members for the DuPage County Farm Bureau is truly commendable. Keep up the excellent work and thank you for your valuable contributions!

Hieu Tran
310 S Main St Unit G
Lombard, 60148
630-620-9295



Hieu Tran

Financial Rep of the Month

The Financial Representative of the Month program is designed by COUNTRY® Financial Agency Managers of DuPage County to recognize overall Insurance Leaders in Life, Disability, Auto, Home, and Health production during the month. The representative earns the award through efforts to provide quality service to existing and new clients.

Jim McGuigan • Aurora Agency

Jim McGuigan has been named Career Financial Representative of the Month for October 2024, by Alonzo Nevarez, Agency Manager. Jim's office is located at 1730 Park St, Unit 224,



Jim McGuigan



Jack Schiltz



Bill Asimakopoulos

Naperville, 60563. He can be reached at 630-851-0620.

Jack Schiltz • Carol Stream Agency

Jack Schiltz has been named Career Financial Representative of the Month for October 2024, by Drew Cali, Agency Manager. Jack's office is located at 28 E. St. Charles Rd, Villa Park, 61081. He can be reached at 630-279-5986.

Bill Asimakopoulos

Will/South DuPage Agency

Bill Asimakopoulos has been named Career Financial Representative of the Month for October 2024, by Dan Connolly, Agency Manager. Bill's office is located at 241 Burlington, Clarendon Hills, 60514. He can be reached at 630-887-7788.

Hooray for DCFB DISCOUNTS

Restaurant Discounts

Adelle's
15% off full meal for 2 guests or fewer (excludes alcohol, tax & gratuity). Cannot be combined with other discounts, promos and/or carryout.

535 W. Liberty Drive, Wheaton, 60187
630.784.8015

Anyway's Pub – Bloomingdale
Anyway's Pub – Oakbrook Terrace
10% off of food purchase

304 W Army Trail Rd, Bloomingdale, 60108
5 E Roosevelt Rd, Oakbrook Terrace, 60181
www.anywayspub.com

Blueberry Hill

10% off bill. Not valid with other offers or promotions.

405 N Eola Rd, Aurora, 60502
630.499.1500

blueberrybreakfastcafe.com

Caliendo's Restaurant and Bar

10% off food and non-alcoholic beverages. Not applicable for specials

05050 Winfield Rd, Winfield, 60190,
630.690.1555 • www.caliendos.com

Cooper's Corner

15% off food bill up to \$15 value, dine in only. Not valid with other offers or on holidays. One discount per table and one beverage must be purchased per entrée

27W150 Roosevelt Rd, Winfield, 60190,
630.690.2668 • www.cooperscorner.com

Culver's

10% off purchase

Only at participating locations
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908 E. Roosevelt Rd., Wheaton 60187
630.889.1140

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60185 • 630.293.6700

www.hawthornesbackyard.com

Hopvine Brewing Company

10% off food purchase. Cannot be combined with any other offers or discounts. Dine-in only.

4030 Fox Valley Center Dr. Aurora, 60504
630-229-6030

www.hopvinebrewingcompany.com

Muggs-N-Manor

10% off all food orders. Not valid with other offers/discounts. Offer valid for pick-up/dine-in only.

437 S Addison Rd, Addison, 60101 •
630.833.2570

https://www.muggsnmanor.com/

Papa Rays Pizza & Wings

Any \$20 or more order 15% off, buy any 16" pizza and get 10" cheese pizza free
267 West Elk Trail, Carol Stream, IL 60188
630-752-9680

www.paparays.com

Sarpinos Pizzeria

(Downers Grove Location)

Buy one pizza at regular price, get a second pizza for \$5

5107 Fairview Ave., Downers Grove, 60515
630.515.0005 • gosarpinos.com

Shinto Japanese Steakhouse and Sushi Bar

20% off full priced items, max value of \$20, not valid with any other discounts or offers
504 N. Route 59, Suite 116
Naperville, 60563

630.637.8899 • www.shintorestaurants.com

Two Hound Red Brewing Co.

10% off (excludes Friday & Saturday)
486 Pennsylvania Ave. Glen Ellyn 60137 •
630-547-2912

Uncle Bub's BBQ

\$5 off \$20 purchase while dining in
132 S Cass Ave, Westmont, 60559
630.493.9000 • www.unclebubs.com

Village Tavern & Grill

10% off Sunday-Thursday
Not valid with other offers
291 S Schmale Rd, Carol Stream, 60185 •
630.668.1101 • villagetavernandgrill.com/
carolstream

Entertainment Discounts

Arcada Theatre

15% discount on tickets to the theatre
105 E. St. Charles, 60174
630-962-7000 – oshows.com

Des Plaines Theatre

15% discount on tickets to the theatre
1476 Miner St. Des Plaines, 60016
630-962-7000 – oshows.com

Enchanted Castle

Buy one ride or attraction ticket, get one FREE

1103 S. Main St. Lombard, IL 60148
630-953-7860

www.enchanted.com

Fox Bowl

Buy one game, get one free for up to 6 people, subject to lane availability
1101 Butterfield Rd • Wheaton, 60189
630.690.2400 • www.foxbowl.com

Mighty Oak Athletic

50% off the first month of training
6424 S. Cass Ave., Westmont, 60559
630-464-9498 – MightyOakAthletic.com

Parkside Lanes

Free shoe rental with purchase of 2 paid games
34W185 Montgomery Rd • Aurora, 60504
630.898.5678 • www.parkside54.com

Pinot's Palette – St. Charles

15% off (online only). Must use discount code FARBUREAU at checkout.

3823 E. Main St., St. Charles
630-338-0278

www.pinotspalette.com/stcharles

Raging Waves

DCFB members can purchase discounted tickets to Raging Waves, Illinois Largest Waterpark, located in Yorkville, IL. Save money on Any Day Admission tickets. Tickets are only available for purchase online. Please use promo code DCFB25 at checkout. Limited Time Only!

Local Business Discounts

A-Archer Sewer & Plumbing

\$50.00 off any service call
504 W. Edgewood Rd. Lombard, 60148
630-932-9800 – www.a-archer.net

Downers Grove Training & Grooming

\$100.00 off all training schools and \$10.00 off any grooming
2151 63rd St., Downers Grove, IL 60516
630-724-7039

Ferrari Plumbing

\$55.00 off any plumbing service
1727 Stoddard Ave.
Wheaton, IL 60187
630-709-7277
www.ferrariplumbing.net

Fresh and Silk Flowers

(Carol Stream Location)
15% off all goods and extras
578 W Army Trail Rd • Carol Stream, 60088
630.690.7822
www.freshandsilkflowers.com

Gravity Express

10% off services
546 N. Stewart Ave., Lombard
224-200-4543

Great Gutters & Exteriors

10% off
189 Oakwood Dr. Wood Dale, 60191
773-952-1737
greatguttersandexteriors@gmail.com

Hills Roofing Inc.

10% off any job up to \$200
6817 Hobson Valley Dr. Ste.112
Woodridge, IL 60517
630-963-1555
hillsroofinginc.com

HR Skylights

6817 Hobson Valley Dr. Ste.112
Woodridge, IL 60517
630-592-2418
hrskylights.com

Jay's Plumbing

\$15 off any service calls, must mention discount at scheduling.
Not valid towards call out fees or RPZ testing.
1509 Ogden Ave • Downers Grove, 60515
630.434.9200 • www.jaysplumbing.net

Light of the Soil

50% off retail price on all worm castings and compost teas purchased through website, shows, or calling.
2479 Baier Rd
North Aurora, IL 60542
630-439-7966

Royal Polish Nail Salon

10% off your scheduled visit
116 Galena St. West Chicago, IL 60185
630-876-1202

Upfront Concrete

10% off epoxy flooring
630-306-3720
upfrontconcrete@gmail.com

October Meat Order

Pick up is located inside the DCFB office.
More product is available on our website store : DCFB.org

PRODUCT	PRICE	QTY	COST
Bacon Wrapped Filets, 4pc, 10oz	\$50.00		
Bourbon Marinated Steak, 8pc, 8oz	\$51.00		
Ground Round, 10lb	\$45.00		
Hamburger Patties, 1/3 lb, 15pc	\$25.00		
Top Sirloin Butt Steak, 8pc, 8oz	\$51.00		
Chicken Taco Meat, 5lb	\$33.00		
Honey BBQ Chicken Breast, 10pc, 8oz	\$33.00		
Plain Chicken Breast, 10pc, 8oz	\$33.00		
Tequila Lime Chicken Breast, 10pc, 8oz	\$33.00		
Tortilla Crusted Chicken Breast, 8pc	\$32.00		
Bacon Wrapped Pork Chops, 8pc, 10oz	\$33.00		
BBQ Boneless Pork Chops, 10pc, 8oz	\$32.00		
Plain Boneless Pork Chops, 10pc, 8oz	\$32.00		
Stuffed Pork Chops, 4pc, 10oz	\$29.00		
Brats, 20pc box	\$31.00		
Chicago All Beef Hot Dogs, 20pc box	\$31.00		
Italian Sausage, 5lb box	\$31.00		
Pork Back Ribs, 10oz, 2per pkg	\$32.00		

Grand Total \$ _____

Name: _____ FB#: _____

Contact Number: _____

Email Address: _____

Send payment payable to DCFB to: DCFB 245 S. Gary Ave., Carol Stream, IL 60188

Order Deadline: October 15th

Pick up: October 25th at the DCFB office from 8:30am-4pm

Dates/prices subject to change